



## BEGINNING OCTOBER 5, 2020 COVID-19 VIRTUAL SUPPORT GROUPS

### "8" week Small Group Counseling Sessions

- Women to Women Support Group
- Men to Men Support Group
- Substance Abuse Group
- Independent Living Life Skills/Hygiene Group
- Anger & Stress Management Group Therapy
- Behavioral Aide for Youth



903 Pavilion Court, Suite D McDonough, GA 30253

### GATHERING PRECIOUS STONES, LLC IS PROVIDING COMMUNITY COUNSELING SERVICES

LIFE GIVES YOU A LOT OF REASONS TO BLOW UP, DISMAL, FRIGHTENED AND DISAPPOINTED AND THOSE EMOTIONS ARE ALRIGHT. SOME OF THE TIME IT CAN FEEL AS THOUGH YOUR FEELINGS ARE DOMINATING AND OUT OF CONTROL. THESE MIND-BOGGLING FEELINGS MAY BE MEDDLING WITH EVERYDAY LIFE.

WE ARE HERE TO TEACH SAFE ADAPTING APTITUDES TO PEOPLE WHO HAVE ENCOUNTERED ANY SORT OF TRAUMA. PARTICIPATION IS VOLUNTARY AND ENCOURAGED FOR ANYONE WHO IS INTERESTED.

REGISTRATION IS REQUIRED  
REGISTRATION DEADLINE SUNDAY,  
OCTOBER 4, 2020  
ENTRANCE IS FREE

WEEKLY SUPPORT VIA ZOOM

### GATHERING PRECIOUS STONES, LLC

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Times will be provided upon  
registration